Oral Health Program (vs.12 January 2025)



Oral Health Program, OHP, Oral examination and treatment program.

OHP is a part of the School Health Program (SHP)

This program exists of oral examination and treatment at schools carried out by dentist, oral hygienist from the local team of the DIRDC or MIYO.

- ✓ Oral examination at the schools
 - Check of general health, teeth, parodontium and pain
- ✓ Oral treatment, if necessary, at school or hospital or dental practice
 - Calculus scaling and cleaning, extractions, slicing and filling teeth
- ✓ Prevention
 - Personal instruction about oral hygiene
 - General information.

Details of the Oral health program

The following steps have to be followed:

Inform the people concerned:

- Inform the teachers of the schools and parents of the children about program. Parents shall be called if their child has to be treated for extraction and invited to come to the centre.
- Important is that the schools provide a list with student names and birth date. This should be prepared long before the dental camp.

Choose where the different parts of the program will be done best

- Oral examination and calculus removing can be done at school or at Hospital or dental practice
- Other treatment like restaurations and extraction should always be carried out on the Hospital or dental practice if distance is not a to great challenge.

About screening:

- The dentist should train the oral hygienist how to do the screening; while screening, oral hygienist should consult the dentist when they doubt about a decision what is indicated. The dentist is responsible for the screening.
- For each student you have to fill in form about general Health and Oral Health. What treatment is necessary, scaling, filling or extraction. And who has to carry out: dentist or Oral Hygienist
- All data has to be put in Excel for statistics.

About Treatment:

- The dentist should make inventory according the data in Excel of treatments to plan.
- The complex restorations should be done by dentist
- Dentist should carry out:
 - Difficult extractions and fillings
 - o in exception by oral hygienist if dentist agrees, should do the extractions.
- The scaling can be done by oral hygienists
- The simple restorations can be done by Dentist and Oral Hygienist (under responsibilities of dentist)

A3a-OHP-2025-vs12.doc

About planning:

- How many schools to visit
- How many students per school
- How many days per school for screening.
- What is needed for screening?
- After screening make planning for treatment
- How many days for treatment by dentist and for oral hygienist
- What is need for treatment, prepare boxes with equipment, instruments and materials, according the sheets you have got from Medora

At the end after total program

Evaluation with involved team members of DIRDC or MIYO, head master of the school, involved staff members. This evaluation and experiences can be used to improve procedures for future.